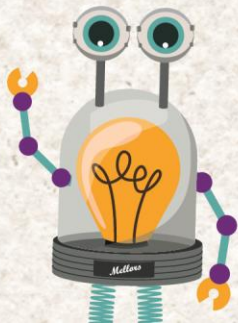


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT DISH	Sausages Served with mash potatoes and Gravy	Pasta Bolognese Served with Garlic Bread	Roast gammon with pineapple and roast potatoes	Chicken Curry Served With Rice	Fish of the day with chips & Ketchup
VEGETARIAN DISH	Quiche served With New Potatoes	Pizza wrap Served with Pasta	Macaroni Cheese Served with Garlic Bread	Pizza Served with Homemade wedges	Vegetable samosas served with Chips & ketchup
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
JACKET POTATO & SANDWICH SELECTION	Jacket potato and Sandwich selection	Jacket potato and Sandwich selection	Jacket potato and sandwich selection	Jacket potato and Sandwich selection	Jacket potato and sandwich selection
DESSERT	Iced sponge Served with Custard	Chocolate sponge Served with Custard	Jelly And Ice Cream	Bakewell Tart Served with Custard	Chocolate Muffins Or Iced Buns
FRESH FRUIT & YOGURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION