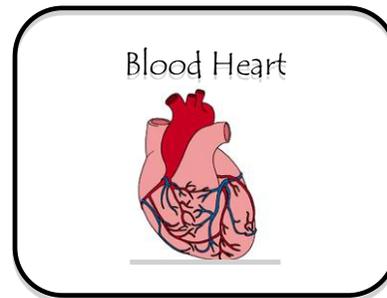




Year 5/6 Homework Project Activities



Ask somebody to draw around your body on the back of a roll of old wallpaper - draw where all your major organs are, starting with the heart.

Make a model of a heart. You could use modelling dough, cardboard, wool and tubes, scraps of material or papier-mâché.

Read non-fiction books or use the internet to find out about the heart and the circulatory system. Make notes on what you find out. The research will count as one of your three reads so don't forget to record it in your reading diary!

Keep a record to show how much exercise you do. Challenge yourself to do more each day. You could make a graph to show your achievements!

Write a script for a TV advert to persuade children to look after their hearts by being active and eating healthily. You can perform this to other classes with friends if you are brave enough!

Make a board game that gives advice about keeping our hearts healthy. Remember to make it fun but also to include the rules of the game. Use library books and the web to find out information to include in your questions.

Devise a delicious, mouth-watering, healthy menu. Think about a starter, a

Can you work out how times your heart beats in 1 minute, 1 hour, 1 day, 1 year?

Design a poster (either on paper or using a computer) explaining how the heart works.

Make up a song or rap about the heart. You could include names of the parts of the heart, how it works and why it's important.

If you really want a challenge, calculate how many times your heart has beaten in your lifetime so far. You may need a calculator!

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Information for children and parents

Well done on starting your homework project!

- ✓ Over the next half-term you have been given the challenge to complete as many of these 'Blood Heart' inspired homework activities as possible! By the end of the half-term, if you have successfully completed four of the homework activities, you will be given a reward!
- ✓ You must complete a minimum of four activities over the half-term in order to receive your reward.
- ✓ Each week we ask you to bring in one of your homework activities to share with your classmates. Each completed activity can then be ticked off.
- ✓ You could even complete other pieces of homework linked to the topic not included on your activity sheet. Be creative!